

# OUR DOCS TEACH! PHYSICIAN APPRECIATION WEEK

## UNIVERSITY OF TORONTO RURAL RESIDENTS

Each year the Midland/Penetanguishene community and Georgian Bay General Hospital host two University of Toronto Rural Residents for their final year of family medicine training. As resident physicians, they are an extra set of hands in the medical clinic or the hospital, and are a valuable asset to our medical community, even though they are still learning. The University of Toronto Rural Family Medicine Residency program has been a very successful pipeline for physician recruitment. Please make our newest medical residents Joseph Gabriel and Marissa Tsoi feel welcome.



**JOSEPH GABRIEL**

I'm originally from Cobourg, Ontario, a small town about the size of Midland.

I went to Queen's University for my undergrad and medical school, and in between I did a Master's degree studying obstructive sleep apnea at the University of Toronto.

While at Queen's, I was assigned to do my family medicine rotation in Midland in 2014 and loved it. Before coming to Midland, I had no idea I wanted to do family medicine and thought I would go into Anesthesia.

When I got to see all the great things family medicine-trained doctors do in Midland - deliver babies, assist in surgery, run the Emergency Department and so much more, it dawned on me that this is what I wanted to do. This, of course, was further strengthened by being around a really great inter-professional health-care team at GBGH, composed of so many people who were professional, effective and overall just really nice people to work with.

I applied to the Rural Family Medicine Residency Program at U of T, which would allow me to train at GBGH and in the community, and here I am!

I'm looking forward to getting to know as many people as I can and to serving the people of Midland/Penetanguishene and the surrounding area.



**MARISSA TSOI**

I grew up in Unionville and spent all of my summers outdoors. My favourite activities were fishing, camping, golf, and canoeing with the family. We often drove all over Simcoe County, so it is near and dear to me.

I went to medical school at the University of Alberta for four lovely years, where I got interested in rural family medicine as I loved the generalist nature of it, and the longitudinal care I could provide.

When it came time to choose a residency, I really liked the layout of U of T's rural family medicine program, where I could spend 1st year at North York General Hospital (where I was born) then the second year in Midland - the perfect size of community for the practice I envision having in my career.

This year I have served as a board member on a national working group for Rural and Distributed Medical Education as part of Resident Doctors of Canada, and I also represent the University of Toronto at the Society of Rural Physicians of Canada.

As for personal interests, I cannot wait to cycle, curl, and cross country ski in the area. Local tips are welcome! I am

excited to meet all my colleagues, friends, and neighbours in the community and thank you so much for welcoming us residents!

## NOSM CLERKSHIP PROGRAM

It may be cliché to use the Toronto Raptors slogan #WeTheNorth, but in the eyes of the Northern Ontario School of Medicine, we are considered a northern community. The Midland/Penetanguishene area became a NOSM community in 2014 and will now be accepting our fifth and sixth third-year medical students for their Comprehensive Community Clerkship starting in late August. These students - Geoffrey Leblond and Athena Young will experience all our medical community has to offer during their almost nine month long rotations. Various preceptors (physician teachers) will be involved in their training in family medicine, at Georgian Bay General Hospital, and at the Waypoint Centre for Mental Health Care. As well, other professionals in the community from physiotherapists to massage therapists, dentists to optometrists will also be involved in their training. Please welcome Geoffrey and Athena when they arrive.



**ATHENA YOUNG**

I was born and raised in Thunder Bay, Ontario, where the majority of my family and friends live.

I completed my Honours Bachelor of Medical Sciences at Western University prior to starting at the Northern Ontario School of Medicine (NOSM). My degree focused largely on the genetics and cell biology of developmental diseases and cancers.

Besides academia, in my spare time I enjoy dancing, running and being outdoors. I also really love to spend my time coaching and teaching kids. I currently coach two local cheerleading teams and teach dance classes in Thunder Bay.

Midland has been regarded quite highly amongst NOSM students for providing great learning opportunities in terms of ER exposure and hands on surgical experience. I am looking forward to developing my acute care skills, as well as learning and improving upon my surgical knowledge and skills.

Midland has also been noted to be outstanding in teaching psychiatric care, an area of medicine in which I have a keen interest. I am so happy to be in Midland/Penetanguishene for my clerkship because of its beautiful location on Georgian Bay and all of the outdoor activities there are to do! I am really looking forward to my clerkship and can't wait to get started.



**GEOFFREY LEBLOND**

I was born in Ottawa but grew up mostly in the North Bay and Sudbury areas.

I returned to Ottawa for school and work before coming to the Northern Ontario School of Medicine at Laurentian University. I am an avid baker and cook. Other hobbies include music and sports.

I have a BSc and MSc in biochemistry from the University of Ottawa. Following my degrees, I worked in research for a couple of years.

In my second life I returned to the University of Ottawa to complete a bachelor in arts with a minor in music. While at school I worked as a crisis worker on the lines of the Distress Centre of Ottawa and Region.

My current specialty interests are Emergency Medicine and Psychiatry. I am also involved with LGBT Health advocacy and hope to work this population throughout my career.

I chose to come to Midland/Penetanguishene primarily because of my interest in psychiatry, and hope to get exposure in this area through the Waypoint Centre for Mental Health Care. I was also looking for a smaller centre, as opposed to cities like Timmins or North Bay. The relative proximity to Sudbury, Toronto, and the ski hills were also an added bonus. I hope to take up curling and skiing while in Midland!

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